

Youth First is a grass-roots initiative to inspire and challenge individuals, organizations and the entire Annandale Community to become **ASSET BUILDERS FOR YOUTH**

Building Assets

The Search Institute has identified 40 developmental assets that help kids avoid negative or risk-taking behaviors, and help kids mature into healthy adults. The Assets fall into eight categories:

Support –

Young people need support from the people important to them at home, at school, at church and in their community.



Empowerment – Youth need to know that the community values them and that they have a meaningful role in our community life.

Boundaries and Expectations – Young people need clear and consistent standards of behavior. They need people to have high expectations for them.

Time Use – Young people need to be involved in programs that offer creative, constructive and challenging things to do.

Educational Commitment – Youth need to develop a personal commitment to life long learning and education.

Positive Values – Youth need a core of positive beliefs and convictions that guide their choices.

Social Competencies – Young people need to develop skills that help them function independently and competently.

Positive Identity – Youth have a sense of control over their lives and a positive view of their personal future.



We recently recruited Annandale High School students for our Cardinal Buddies Mentorship Program. We asked the high school students to tell us why they were interested in becoming mentors. A ninth grade boy, who had been a “little buddy” himself, wrote, *“I want to affect a life for a lifetime. I would like the chance to be a good influence on others.”*

Healthy Youth = Healthy Community

For more information

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DID YOU KNOW?

- Donations to Annandale Youth First are 100% Tax Deductible
- All Donations Stay Within Our Community
- Annandale Youth First Needs Your Support!

www.annandaleonline.com/civic/youth-first_htm

Telephone: 320-274-0636

CARDINAL BUDDIES

MENTORSHIP PROGRAM

High school students serve as mentors to students in grades 2-4. "Big and Little Buddies" are matched for one-on-one activities such as reading, art, crafts and games. They meet as a group with direct supervision by the Youth First Coordinators.

CAMP EASTVIEW

Provides structured activities for students among the nearly 300 families that live at Eastview Mobile Home Park in Annandale. Students join together for arts, crafts, reading, sports, games, circle time and snacks. Camp Eastview takes place outdoors at Eastview Mobile Home Park.

COMMUNITY CLEAN-UP WEEK

Gives students useful roles in the community and teaches them the value of community service. Eighth grade students are bussed to locations such as Camp Courage, Camp Friendship, Lake Maria State Park or local destinations to clear brush, clear trails, rake, plant trees or help with repairs. They are then treated to an outdoor cookout at the middle school.

AFTER THE BELL

Middle School students meet as a club twice a week, during high-risk after-school time, for friendship, arts, crafts, field trips and fun.

CARDINAL BOYS CLUB

Helps boys with their transition to the middle school. Fourth grade students meet for activities including sports, crafts, food and fellowship. The boys are paired with middle school-age mentors.



CARDINAL GIRLS CLUB

Helps girls with their transition to the middle school. Fourth grade students meet for activities including crafts, art, outdoor activities, food and fellowship.

COMMUNITY YOUTH NIGHTS

Annandale Middle School students are given opportunities for supervised activities during high-risk times. On Friday nights, students may be involved with roller skating, swimming, basketball, musical productions, theater, bowling, concerts or speakers.

CENTENNIAL VILLA BINGO

Promotes intergenerational activities between youth and senior citizens.

Your donation is 100% tax deductible

Please check programs you would like to sponsor:	Enclosed is my gift of :
<input type="checkbox"/> Cardinal Buddies Mentor	<input type="checkbox"/> \$1,000
<input type="checkbox"/> Community Clean-up Week	<input type="checkbox"/> \$500
<input type="checkbox"/> Middle School Service Learning	<input type="checkbox"/> \$250
<input type="checkbox"/> Summer Camp at Mobile Home Park	<input type="checkbox"/> \$100
<input type="checkbox"/> Other	<input type="checkbox"/> \$ _____

Please make checks payable to: **Annandale Youth First, Inc.**

Donor Name: _____

(As you would like to be recognized)

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Would you like to be included on our quarterly newsletter email list? Yes No

Would you like more information on how to include Youth First in your estate planning? Yes No

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